

THE THERAPY CENTRE

TREATMENT MENU

dermalogica®





We offer a wide range of professional skin treatments with sophisticated technology, high performance peels, spa body therapies and sumptuous massages in a relaxing environment.

Our aim is to be your go to place to dissolve stress, aches and pains and to address your personal skin concerns.

We specialise in results orientated professional treatments working with premium brands Dermalogica, AlumierMD, Bio-Therapeutics, Natural Spa Factory and Jane Iredale.

The Therapy Centre has received national recognition for its contribution to the skincare industry and is home to five Skin Therapists:

Michelle Myers, Kylie Clark, Sandy Hamilton, Amy Kirby and Nicola Oates who have been awarded Dermalogica Expert status, recognising them as the highest trained skin care professionals in the country having completed on-going postgraduate education with the International Dermal Institute.

The Therapy Centre is part of the prestigious Dermalogica Circle awarding and recognising us for commitment to excellence and innovation and holds Key Account status.

Enjoy a soothing and relaxing atmosphere with soft lighting and gentle music.

Close your eyes and leave the outside world behind for a little while - you'll leave feeling refreshed and on top of it!

Join us and put yourself in the hands of our experienced therapists. Ease your tired muscles and escape from everyday stresses and strains to pure relaxation.

Gift Certificates are now available to purchase and appointments can be made via our website: www.ttcmarton.co.uk

SKIN TREATMENTS

FACE

SKIN CONSULTATION | 30 MIN £5*

Discover how to achieve your best skin ever. Our expert skin therapists will diagnose your skin concerns and provide you with a customised home care and treatment plan to achieve great results. Consultations take place at our Skin Bar in Reception. If you would like this to be completed in the treatment room, please request upon booking.

*Booking fee required which is redeemable on product purchases.

SKIN SOLVER® | 10 MIN £10

Fix skin concerns fast with our 10-minute express seated treatment. Let your skin therapist show you professional hacks to get you healthy skin that glows. Ideal if you need a skin boost or before a special event. SkinSolvers are performed at our Skin Bar in Reception.

DERMALOGICA PRO SKIN 60 | 60 MIN £45

Our flagship skin treatment directs everything in Dermalogica's arsenal towards your best skin. Customised with advanced products, techniques and technology in a soothing environment made for relaxation. The ideal choice for those who require a comprehensive experience to address all skin concerns and achieve healthy glowing skin.

Initial Treatment is 75 minutes. * Course of 6 £240.

DERMALOGICA PRO SKIN 30 | 30 MIN £30

Our customised treatment, on your time! Targeting your key skin concern for maximum impact in minimum time, this treatment is a firm favourite with those who have just 30 minutes, want visible results and great value.

*Course of 6 £150.

TEEN CLEAR START™ TREATMENT | 30 MIN £25

Created by Dermalogica for Teens. Product choices available to teens may be ample, but aren't good options. Often containing harsh and inexpensive ingredients to strip the skin of oil, they are filled with artificial fragrances and colours – all things that can irritate and strip skin, causing more problems than you started with! This treatment comes with a free skin care lesson.

*Course of 6 £135.

TOUCH THERAPY | 15 MIN £15

For added attention where you need it the most, customise any skin treatment with a Touch Therapy! Up to two 15 minute Touch Therapies can be added from the following:

- Stress Relief Back
- Stress Relief Neck & Shoulder
- Stress Relief Hand & Arm
- Stress Relief Feet

dermalogica®

SKIN TREATMENTS

ADVANCED

THE ADVANCED SKIN TREATMENT | 60 MIN £60

The ultimate skin treatment, delivers dramatic noticeable results incorporating sophisticated technology from Bio-Therapeutics. Each treatment includes double cleanse, skin analysis, exfoliation, micro-current firm & lift muscle re-education and Hyaluronic Ion Active with LED light Therapy. This super charged Skin Treatment delivers immediate and long-term skin health benefits that you can see and feel. A course is perfect in the RUN-up to a big event, such as a wedding.

*Course of 3 £165 | Course of 6 £300

FIRM & LIFT MUSCLE RE-EDUCATION | 30 MIN £40

The perfect any-time non-surgical face lift. Re-education of muscles increases natural production of collagen and elastin, increases product penetration by up to 70-80%, whilst also increasing blood and lymph flow. Great for a lifting, firming and brightening effect using micro current technology. This treatment can also be used to target ageing hands and to rejuvenate puffy, tired-looking eyes. For challenging skin concerns this treatment works best as a course of treatment taken at weekly intervals.

*Course of 6 £210 | Course of 10 £330

LED LIGHT THERAPY | 30 MIN | £40

LED light therapy works with different coloured lights that reach different levels of the skin, creating ATP synthesis (cell energy) improving blood circulation and normalising the cells to treat any existing conditions which concern you. Perfect for a quick skin boost! LED can have benefits including, clearing, brightening, age management, fine lines, blemishes and hydration. LED treatments can also help to boost your mood during long, dark winters. For challenging skin concerns this treatment works best as a course of treatment taken at weekly intervals.

*Course of 6 £210 | Course of 10 £330

VIPCLUB
EXCLUSIVELY YOURS

Sign up for our exclusive VIP Club & receive:

- 10% OFF Premium product purchases
- Treatment Offers
- Birthday Treats
- VIP Events

SKIN TREATMENTS

SKIN PEELS

ALUMIERMD SKIN TREATMENT | 30 MIN £40

Customised to your skins unique requirements, high performing active ingredients are used to leave your skin feeling refreshed, balanced and incredibly radiant.

Choose From:

- Enzyme Retexturing
- Refining Clay
- Deep Moisture
- Aqua Infusion

LIGHT SKIN PEEL | 45 MIN £70

With a variety of peels, each with a unique complex of ingredients, our expert skin therapists can customise your program of exfoliating peel treatments to target your specific skin concerns whether it be sensitivity, ageing, pigmentation or acne. This unique experience includes brightening enhancement followed by prescriptive target serums which reveal a more radiant, soft, and luminous skin.

Course of 3 £195 | Course of 6 £350.

Choose From:

- Vitamin A Boost
- Detox Clear
- Radiant 30
- Radiant 20/10

GLOW PEEL | 60 MIN £85

Glow is a medium depth peel combining lactic acid and resorcinol, creating a multipurpose resurfacing solution effective in minimizing the appearance of fine lines, wrinkles and hyperpigmentation issues like age spots, discolouration and uneven skin tone. This formula exfoliates dead skin cells and stimulates cell renewal. To suit individual needs, Glow Peel can be customized in strength.

Course of 3 £240 | Course of 6 £425



MINERAL MAKEUP

JANE IREDALE

The most beautiful cosmetic you can wear is of course healthy skin! We carefully selected this fab brand after extensive research because it's non-comedogenic (it doesn't block pores), oil free, contains sun protection, is anti-irritant, free from cheap fillers and dyes, not animal tested and provides fast weightless coverage. It is suitable for a wide range of skin conditions including Acne, Eczema, Psoriasis and Rosacea. Plus there is a great selection of gorgeous products and on trend shades for everyone!

BEAUTIFUL BASE COLOUR MATCH & APPLICATION | 30 MIN £5*

Achieve a flawless beautiful base with our professional make-up artists. We can help you select your perfect foundation for your skins needs and condition and teach you to apply it.

MAKEUP LESSON/ TRIAL | 90 MIN £50*

Looking for a fab daytime look or special occasion make-up? We can assist you in achieving the look you desire. Whether it's full make-up or you just want to focus on an amazing base, eyes or lips we can show you how to achieve a professional flawless finish. This session is perfect as a trial for special occasion make-up, plus you can redeem the fee on products!

SPECIAL OCCASION MAKEUP | 60 MIN £40

Have your make-up professionally applied at our Skin Bar by our make-up artists for special occasions, proms or weddings. A trial can be booked prior to your appointment if required (as above) for a £50 booking fee which can be fully redeemed on essentials for your special event.

*Booking fee required which is redeemable on product purchases.



SPA BODY THERAPIES

BODY

MINERAL SALT/SUGAR SCRUB

30 MIN £30 | 60 MIN £45

Pamper, purify and smooth your skin with an indulgent customised body scrub. Our salted body scrubs are stuffed to bursting with natural sea salt, propped up with soothing peach kernel and grapeseed oils to help restore elasticity, renew cells and reveal radiant and wonderfully smooth skin. Sugar scrubs offer an indulgent, gentle exfoliation for more sensitive skins which allow the rich oils to penetrate and deeply nourish the skin. Choose one of our seasonal signature scrub blends

BODY WRAP | 60 MIN £45

Designed to remove toxins, purifying body wraps will leave the skin hydrated, illuminated and your whole body recharged and nourished. Choose one of our seasonal signature rasul mud blends and indulge in a warming cocoon topped off with a relaxing scalp massage.

BACK PURIFICATION | 30 MIN £30 | 60 MIN £45

De-stress your muscles and cleanse the skin of impurities with this purifying and relaxing back treatment. A deeply-cleansing scrub sloughs off dead skin cells, readying skin for the removal of toxins. Your hardest parts to reach will be cleansed, polished, hydrated and refreshed helping to combat breakouts.

60 minute option must be used for new clients.

SPA BODY EXPERIENCES

60 MIN £48 | 90 MIN £69 | 120 MIN £89

Our signature Spa Body Experiences, from the Natural Spa Factory, change with the seasons to give you the perfect treatment every time. Exclusive to The Therapy Centre they are available for a limited time. Please see our website or instore flyer for our current seasonal offering.

MASSAGE THERAPIES

BODY

BACK, NECK & SHOULDER MASSAGE | 30 MIN £28

Boost energy levels whilst alleviating aches and pains with this soothing massage to the back, neck and shoulders.

RADIANT TOUCH THERAPY | 60 MINS £40

Drift away with a total sensory experience that induces deep relaxation, combining gentle pressures to the face and scalp, neck and shoulder tension release and a nourishing hand and arm massage. Skin will be rejuvenated and brightened with a warm oil cleanse, Lotus Seed scrub and finished with a customised luxurious serum and balm.

SWEDISH MASSAGE | 60 MIN £45

A classic deep firm massage, using a range of techniques, designed to assist in the releasing of knots and tension. Ideal for stressed out, aching muscles.

AROMATHERAPY MASSAGE | 60 MIN £45 | 90 MIN £65

Aromatherapy Massage is a wonderful form of relaxation and has widely recognized benefits for health problems. Essential oils are blended to your individual needs and are applied with a deeply relaxing full body massage.

STRESS RELIEF THERAPY | 60 MIN £45 | 90 MIN £65

It's estimated that up to 75% of illnesses today are stress related. Stress Relief Therapy targets specific stress zones to relieve stress, tension and fatigue. Incorporating a variety of different massage techniques with a combination of gentle pressures we focus on the back, scalp and feet during this calming treatment.

STONE THERAPY | 30 MIN £30 | 60 MIN £48 | 90 MIN £69

Hot Stone Massage is a truly relaxing treatment combining aromatherapy with the warmth and balancing energies of hot basalt stones. Stones are placed on and are used to massage the body with soft gliding strokes using relaxing aromatic oils. The 30 minute treatment comprises a soothing back massage using the warmth of hot stones to release tension and promote relaxation.

WARM CANDLE MASSAGE | 30 MIN £30 | 60 MIN £48

Our luxurious warm candle massage is a unique treatment utilising handmade candles with superior skin nourishing ingredients. When lit the candles provide an intoxicating aroma and melt into a warm sumptuous massage oil. The warm oils with natural butters are drizzled over the skin and massaged with deep relaxing strokes to melt away tension and delicately nourish the skin.

BAMBOO MASSAGE | 30 MIN £30 | 60 MIN £48

An ancient Chinese therapy with a modern twist, warmed organically treated bamboo canes are used as a massage tool to provide a deep firm massage, which assists in the release of tension and knots. Targeting aches and pains it will leave you feeling deeply relaxed yet invigorated and refreshed.

Our treatments can be adapted for pregnant ladies after week 12.

Receive FREE treatments with our fantastic Loyalty Card Scheme.



MASSAGE THERAPIES

DEEP TISSUE MASSAGE | 30 MIN £30 | 45 MIN £45

A vigorous intensive massage working on the deeper layers of muscle tissue involving high pressure and kneading, releasing stress and tension. It provides targeted relief to sore and aching muscles. Treatment will be tailored to your individual needs. For injuries please book Sports Injury Therapy. Available with Sandy Hamilton.

SPORTS INJURY THERAPY | 30 MIN £30 | 45 MIN £45

Our highly experienced Sports Massage Therapist can diagnose and treat a wide range of muscular aches, pains, niggles and injuries resulting from sporting or general activities. After a detailed consultation, treatment will use a range of techniques including compression, vibrations, frictions and trigger point response blended with expert knowledge and advice to get you back to optimum performance. Available with Sandy Hamilton.

For new clients a 45 minute initial appointment is required.

FACE

INDIAN HEAD MASSAGE | 30 MIN £28

A soothing massage in a seated position to the muscular tissues of the arms, neck, shoulders, upper back, scalp and face which will leave you with a great sense of calmness and tranquillity.

FACE & SCALP MASSAGE | 30 MIN £28

Your skin will be cleansed to perfection in preparation for this truly relaxing massage to the décolletage, neck and shoulders. Pressure point massage to the face and scalp releases tension and promotes an amazing feeling of wellbeing and relaxation. Add the warmth and balancing energies of hot stones into your massage.

***With Hopi Ear Candling or Hot Stones £30 or add free Face Mapping® skin analysis.**

FEET

SOUL AWAKENING | 30 MIN £28

Indulgent delight for your feet and lower legs. Cleanse, exfoliate, hydrate and moisturise for healthy revitalised skin and a relaxing massage that will leave you feeling ready to take on the day! Also available as a hand and arm treatment.

REFLEXOLOGY | 60 MIN £45

Reflexology is an extremely relaxing treatment, based on the principle that reflex points on the soles, tops and sides of the feet are connected to corresponding areas throughout the body. Its powerful detoxifying effects help to release physical and energetic blockages leaving your feet feeling amazing and your mind and body refreshed and relaxed.

PAMPER PACKAGES

TOP TO TOE BLISS | 120 MIN £89

This top to toe ultimate stone therapy experience will leave you feeling in a blissful state! The body will be massaged using warmed stones and relaxing aromatic oils blended to your specific needs. The treatment includes a deeply relaxing Dermalogica skin treatment and scalp massage.

THE STRESS BUSTER | 120 MIN £89

A stress reducing treatment designed especially for men. Indulge in a complete body massage using essential oils to reduce stress, relieve muscular tension and relax the body and mind. A skin treatment will be performed to prevent in-growing hairs, lessen irritation from shaving and to help hydrate the skin finishing with a deeply calming scalp massage.

TOTAL TRANQUILITY | 120 MIN £89

Focusing on your major stress areas, begin your journey by easing your feet into a warm aromatic foot bath of Neroli, Sweet Orange, Lavender and Rosemary followed by a mineral salt scrub and rub. Your face and décolletage will then be cleansed to perfection ready to receive a calming soothing massage topped off with a refreshing Indian head massage. End your journey with a sumptuous warm candle massage to the back, neck and shoulders and float away to total tranquillity.

THE SENSORY EXPERIENCE | 120 MIN £89

Focusing on complete relaxation, this treatment is all about giving your skin (face) the customisation and expertise it deserves by our skilled Skin Therapists. Experience a deep cleanse under steam, followed by a targeted exfoliation and masque to reveal smooth glowing skin. Using Dermalogica essential oil additives receive a sumptuous touch therapy to the arms, neck, shoulders, face and scalp. Let your senses be delighted with this two hour lavish experience.

Our treatments can be adapted for pregnant ladies after week 12.
Receive FREE treatments with our fantastic Loyalty Card Scheme.

Opening Hours

	Reception	Treatment
Monday	9.15am – 5.00pm	9.15am – 8.00pm
Tuesday	9.15am – 5.00pm	9.15am – 8.00pm
Wednesday	9.15am – 5.00pm	9.15am – 5.00pm
Thursday	9.15am – 5.00pm	9.15am – 8.00pm
Friday	9.15am – 5.00pm	9.15am – 5.00pm
Saturday	Closed*	9.15am – 5.00pm

*If you would like to purchase products or Gift Certificates when our reception is closed please contact us and we can arrange a collection time between clients with prebooked appointments.

TERMS & CONDITIONS:

All treatment times are approximate and include client consultation and preparation time. Please be on time for your appointment, if you are late your treatment will still need to end at the scheduled time.

Free parking is available for two hours. If you will be with us for over two hours please inform your therapist who can add your registration number to the system to avoid a parking fine.

CANCELLATION POLICY:

If you cannot make an appointment we request that you give us a least 24 hours notice. This means that another client may be given the opportunity of your treatment time.

If you fail to give us adequate notice on more than one occasion you will be required to pay in full upon booking all future appointments and cancellation charges will be incurred.

For bookings for Gift Certificates if you fail to give us adequate notice of cancellation then 50% of the value of your Gift Certificate will be forfeited and you will be required to pay this value upon rebooking.

A deposit of 50% or payment in full will be required for treatments over the value of £50. If you fail to give us 24 hours' notice of any cancellation any deposit or payment made will be retained for lost business and will not be transferred.

Event booking fees are non refundable and non transferable.

For Loyalty Card treatment bookings, 24 hours notice must be received for cancellations or the Loyalty Card will be lost.

GIFT CERTIFICATES

Gift Certificates are non refundable and cannot be exchanged for cash or goods. (Except Dermalogica Gift Certificates where products can be redeemed)

Valid for six months only from day of purchase.

Gift Certificates are sold for individual treatments only; if you wish to change your treatment please inform us when you make your appointment. Upgrades are available and the difference will need to be paid for at the time of treatment. Refunds will not be offered if the alternative chosen treatment is cheaper than that stated on the certificate.

Please look after your Gift Certificate as lost certificates cannot be replaced or refunded.

Please visit our website for further information.

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